



# Sylvia Denise Henson

MAY 19, 1959 - JUN 5, 2024



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# Table of Contents

<b>Obituary</b> .....	Page 3
<b>Tribute Wall</b> .....	Page 4



# Sylvia Denise Henson

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**S**ylvia Denise (Nee) Henson, 65, of Richmond, Virginia, passed away unexpectedly on June 5, 2024, in Mechanicsville, VA, of cardiac arrest.

Denise was born in Washington, D.C., to Robert Johnson and Ruth Bailey on May 19, 1959. She graduated from Montgomery Blair High School. She worked as a manager for various companies but her final station was with Stafford County Schools. Denise lived fully through simple pleasures: chatting with friends and family or traveling.

Denise was preceded in death by her parents, Robert and Ruth; her siblings, Robert Johnson Jr., Willie Johnson, and Larry Johnson; her grandson, Frank Bradley Jr.; and her beloved Yorkie, Peanut.

Denise is survived by daughters, Caren Bradley and Crystal Henson; son-in-law, Frank Bradley; siblings, Linda Minor, Tijuana Johnson, and Gregory Johnson; grandchildren, Justin and Alexis Henson; granddaughter-in-law, Jacqueline Henson; grand puppies, Diana, Victoria, and Randy; and great-grand puppies, Mia and Athena; as well as lifelong friends Sandra Barry, De Lora Foushee-Mason, Faynetta Clark and John Flowers; and a host of nieces and nephews.

As per Denise's wishes, she requested that there be no funeral or visitation. She wished everyone remembered her as she was in life and share the memories of their relationship.

In lieu of flowers please consider making a donation to American Kidney Foundation.

The family of Denise wishes to extend our sincere thanks to Memorial Regional Medical Center, DaVita Henrico County, and Michael Henson.

"My wish for you is that you continue. Continue to be who and how you are, to astonish a mean world with your acts of kindness." Maya Angelou



## Tribute Wall

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SB

**Sandra Barry** posted:

Denise Henson was truly a very dear friend of mine. I had a difficult time composing this post but here I am. Denise was full of life and a wealth of information relating to cooking, gardening and homemade crafts. Denise loved the snow. She actually was the only person that would come to Chicago to visit in the winter! She loved the color pink and the hello kitty character. Denise sent the best cards. She was thoughtful and caring. Denise loved the theater! We saw numerous Broadway in Chicago productions and was delighted to go to see Smoky Robinson downtown. She loved my grandkids and they loved her. They still talk about how she made them hot breakfast before school. Denise loved our evening walks when she was able. I miss her, my kids and grandkids miss her. Rest in peace my dear sister/friend. Your memory is a cherished blessing I will carry forever.

February 19 at 5:14 PM

DM

**Delora Foushee Mason** posted:

Nee, Today has been a week since I was notified of your passing. I have gone through many emotions, memories, and tears. As I remember our life long friendship (since Blair), I have laughed and cried. We all had fun and have been through the ups and downs of life. What I have loved about you is your strong loyalty to your friends. You would be there no matter what. No matter how you physically felt and no matter the need. You were there, you had our backs, right or wrong. Your advice was always straight up without the chaser, but always loving and always sensible. You were the Mom in our group. I always referred to you as the black Martha Stewart, but I don't think she could measure up to you. Your beautiful daughters were your pride and joy. I still laugh at the memory of you hopping my mom's backyard fence with Caren (her giggling) in the stroller like it was nothing or when you and Chrissy stopped over after I first had little Eddie and he was screaming and Chrissy was fussy. I remember being horrified when you showed me about swaddling a baby. You wrapped Chrissy up like a burrito and I was like, but she can't move 🤔. Then you swaddled little Eddie and his screaming ceased. You went no where without your girls in tow. How you loved and cherished your grand babies. Your time with them in Hawaii and you calling me in the middle of your night to talk. The way you talked about your day to day life there. The happiness you felt being there with your grand babies. I always thought you were the perfect mom, wife, and definitely the perfect friend. You always gave your best to all of us. I could write so much about all of us and the stories we could laugh about. The birthday card you sent me is still on my monitor, your good morning texts and sometimes good night texts are still in my phone. I will never delete. I will miss them and most of I am missing you, will always miss you.♥ Thank you for a life time of memories. In the Hawaiian phrase- A Hui Hou "Farewell, until we meet again" see you whenever I get there. ♥♥♥♥

June 16 at 4:39 AM



## Tribute Wall

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**Cheryl** posted:

I met Denise at Ferry Farm elementary where she worked in the cafeteria I worked at the school too she subbed before she got the position there so I met her when she subbed we hit it off right away we were both May babies she liked jelly beans like me she loved anything pink and she loved Christmas we have kept in touch over the years by texts and occasional calls she would always texts in the morning early on her dialysis days with different images then in the evening too she didn't send many pics but she did send me a beautiful pic of her and Justin and bride on their wedding day she was very proud I did get a text the morning of her passing that she had a cold and needed oxygen that was the last time I heard from her I knew she was going on her trip soon I figured she had gone but then I thought that's not like Denise she still texts me then I find out she passed I'm so broken hearted I will miss her dearly☐

June 16 at 4:39 AM



# Memories only last if you share them

Join us in honoring Sylvia by contributing to a collection of shared memories.



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